

WHEN A MARRIAGE HAS ENDED

Lean On Me – Pt 1
Pastor Craig Coulter

"Friends love through all kinds of weather." Proverbs 17:17 (MSG)

How To Help Your Friend

1. **YOU SHOW UP**

"When Job's three friends... heard about all the troubles that had come upon him, they set out from their homes and met together by agreement to go and sympathize with him and comfort him." Job 2:11 (NIV)

2. **YOU SHARE THEIR PAIN**

*"Then they saw him from a distance... they began to weep aloud, and they tore their robes and sprinkled dust on their heads. Then they sat on the ground with him for seven days and seven nights. No one said a word to him, because they saw how great his suffering was."
Job 2:12-13 (NIV)*

3. **YOU SUPPORT THEM WITH PRAYER**

*"The Lord is close to the brokenhearted and saves those who are crushed in spirit."
Psalm 34:18 (NIV)*

"Let us approach the throne of grace with confidence, so we may receive mercy and find grace to help us in our time of need." Hebrews 4:16 (NIV)

"I cry out to the Lord; I plead for his mercy. I pour out my complaints before him and tell him all my troubles. For I am overwhelmed, and you alone know the way I should turn..." Psalm 142:1-6 (NLT)

4. **YOU START WITH FORGIVENESS**

"You are only hurting yourself with your anger." Job 18:4 (TEV)

"My guilt overwhelms me-- it is a burden too heavy to bear... But I confess my sins; I am deeply sorry for what I have done." Psalm 38:4,18 (NLT)

*"Get rid of all bitterness ... forgiving each other just as in Christ God forgave you."
Ephesians 4:31-32 (NIV)*

5. **SPEAK WORDS OF HOPE**

"God who began the good work within you will keep right on helping you grow in his grace until his task within you is finally finished..." Philippians 1:6 (LB)

"Put your heart right, reach out to God... then face the world again, firm and courageous. Then all your troubles will fade from your memory..." Job 11:13-16 (TEV)