

WHY DO I DO WHAT I DON'T WANT TO DO?
Summer Sermon Series 5HQ – Question #2
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I. THE PROBLEM: MY SINFUL NATURE.

I don't understand myself at all, for I really want to do what is right, but I don't do it. Instead, I do the very thing I hate. But I can't help myself, because it is sin inside me that makes me do these evil things... I know I am rotten so far as my old sinful nature is concerned. No matter which way I turn, I can't make myself do right. I want to, but I can't.
Romans 7:15, 17-18

I have the desire to do good, but not the power. Romans 7:17

I've tried everything and nothing helps. I'm at the end of my rope. Is there no one who can do anything for me? Romans 7:24

II. GOD'S PROMISE: PERSONAL FREEDOM.

Jesus: "When you know the Truth, the Truth will set you free." John 8:32

- **BEHIND EVERY SELF-DEFEATING ACT IS: a lie.**

III. THE PRESCRIPTION:

ACKNOWLEDGE THE ROOT OF THE PROBLEM.

If we claim to be without sin, we deceive ourselves and the truth is not in us.
1 John 1:8

- To stop defeating myself, I must stop deceiving myself.

Jesus: "I tell you the truth, everyone who sins is a slave to sin." John 8:34

BELIEVE THAT JESUS CAN CHANGE ME.

Who will free me from this life that is dominated by sin? Thank God! The answer is in Jesus Christ our Lord." Romans 7:24-25

For the new spiritual principle of life in Jesus Christ lifts me out of the old vicious cycle of sin. Romans 8:2

CONFESS MY STRUGGLE TO ANOTHER.

Confess your sins to each other and pray for each other so God can heal you. When a believing person prays, great things happen. James 5:16

DEDICATE (surrender) MYSELF COMPLETELY TO JESUS.

Do not let sin control the way you live; do not give in to its lustful desires... Instead, give yourselves completely to God since you have been given new life. Romans 6:12-13

God keeps His promise. He will not allow you to be tempted beyond your power to resist; at the time you are tempted He will give you the strength to endure it and so provide you with a way out. 1 Corinthians 10:13

- **STOP TRYING! START TRUSTING.**